



QUESTURA DI ROMA

Squadra Mobile

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YOUR HOLIDAY IN ROME: SOME ADVICE FOR A SAFE STAY

Rome is a safe city and its people are welcoming. Please take into consideration the following advice in order to spend a pleasant holiday.

- If you find yourself in trouble remember the emergency numbers are 113 and 112. Always keep them handy; if you have a mobile, store them among your last calls so that you can easily connect. If you feel you are in danger, do not hesitate to call the emergency numbers.
- Do not exceed in your alcoholic consumption nor make use of narcotic substances since they could dull your senses and undermine your capacity to react. In Italy the use of narcotic substances is liable to a fine, while drug pushing is a crime.
- If you go to a disco or a pub, do not accept any drinks or cocktails from strangers as they could contain narcotic substances.
- Do not accept any lifts or invitations to isolated places or to strangers' houses, even if they tell you that they are taking you to a party. Do not trust people you have just met!
- If you go out with a group of friends, do not leave them: if you decide to move away, always inform one of them about your movements.
- Avoid walking through parks or other badly lit places such as subways or alleyways.
- When moving around by night, we suggest to take a taxi. At night time women benefit from a 10% discount, the so-called "pink taxi" initiative.
- Put your valuables in a safety deposit box in your hotel or in any other safe place. Carry with you only the cash you need.
- If you are a woman and you go out alone at night, be aware that your clothes, necklaces or other jewels could attract the attention of potential offenders.
- If you are the victim of a sexual assault, do not wash yourself and do not change your clothes, but call 113 or 112 at once in order to be taken to the nearest hospital where you will receive specific treatment. Rome centres for violence against women (Centri Antiviolenza) are open twenty-four hours a day. You can contact them by dialling the following numbers: 06/5810926 or 06/23269049.